What is a Sex Offender Treatment Program?

The Sex Offender Treatment Program is a community-based group home that provides 24-hour supervision. The program is designed to promote accountability and provide specialized treatment for the youth. The goal is to prevent future sexual offending and recurring aggressive behavior and to stop the chain of dysfunction. Our focus is on developing a healthy balance between the needs of the offender, the victim, and the community.

Benefits

• The Sex Offender Treatment Programs have fully integrated the Balanced and Restorative Justice (BARJ) philosophy, ensuring balanced attention to the needs of the offender, the victim, and the community.

• All youth maintain an individual portfolio which documents and tracks their progress and accomplishments during the treatment process.

• Most youth have individual bedrooms or are monitored with motion and zone alarms.

• Programs offer an increased staff to youth ratio.

Admissions/Intake Requirements

• Male, 12 to 18 years of age, adjudicated with a sexual assault charge, an indicated sexual abuse investigation, or self-admission of a sexual offense.

• Placing agency must provide a copy of all pertinent records and a court order.

• Youth may be interviewed prior to admission to determine appropriateness of placement.

Education

Educational programming for youth in each group home will be determined pursuant to Section 1306 of the Public School Code (24 P.S. §13-1306) which states that . . . children who are residents of such homes, but not legal residents in such district (shall be permitted) to attend the public schools in said district. An educational team will include membership from the host school district, Dr. Robert Ketterer Charter School or Adelphi Education, parents or guardians, and teachers from the host school district and the charter school.
Program Specifics

Adelphoi embraces a model of trauma-informed care that helps create therapeutic communities that provide safety for both youth and the staff who work with them. Treatment includes:

- Comprehensive assessment takes place to measure deviant sexual interest, cognitive distortions, and risk for further acting out.

Some of the tools utilized are:
- Polygraph testing
- ABEL screen
- SAI-J
- ERASOR
- PTSD assessments
- CANS and FAST
- J-SOAP II

- Treatment interventions include Reality Therapy, Choice Theory Group, Contingency Contracting, Sanctuary Model Concept, Aggression Replacement Training, Motivational Interviewing, and Values Clarification. Outpatient drug and alcohol counseling is also available. Post Traumatic Stress Disorder (PTSD) counseling is provided by individuals certified through the Pennsylvania PTSD Project.
- Youth participate in specialized counseling for sex offending. This includes accepting responsibility for the sexual offense, understanding the offense cycle, developing victim empathy, recognizing high-risk situations, reducing deviant arousal patterns, and developing effective coping strategies.

Discharge/Aftercare Planning

- Recidivism risk prediction measures are used to determine each youth’s future risk to the community.
- Step-down placement into specialized independent living, foster care, or Multisystemic Therapy program is available, if deemed appropriate.
- Counselors are available to provide a range of services to youth that will be returning home from Adelphoi’s sex offender program.

Services include:
- Home study of the family
- Family counseling sessions
- Parent visitation
- Apology sessions with victims
- Weekend passes home
- An extensive aftercare plan
About Adelphoi

Adelphoi is a non-profit organization dedicated to providing a continuum of quality services to children, youth, and families. Headquartered in Latrobe, PA, Adelphoi has programs in 30 counties, serving nearly 1,000 youth and families on a daily basis and over 2,500 children annually. Adelphoi’s vast continuum of care includes group homes, a Charter School, foster and adoption services, education programs, mental health services, after-school programs, in-home services, shelter care, multisystemic therapy, and secure care.

Adelphoi has over 700 employees and assists persons and communities in need from over 60 counties throughout the Commonwealth, as well as from Ohio and Delaware. Adelphoi’s mission: Offering outcome-based solutions for abused, neglected, delinquent and other at-risk children and their families through a continuum of treatment and education services that provide a foundation of hope for the future.

For more information, please contact:

Candice Rinaldi
Director of Admissions
Office: 724-804-7000
E-mail: admissions@adelphoi.org