

Intensive Supervision

with mental health focus

A photograph of three young women with long brown hair, smiling and huddled together. The photo is framed by a red curved border.

Adelphoi 
Village

www.adelphoi.org

What is an Intensive Supervision Group Home with Mental Health Focus?

Adelphoi has an intensive supervision group home for females that provides more intensive counseling and treatment to clients who are dependent or delinquent and coping with a mental health diagnosis. The program focus is to provide education and support for the mental health diagnosis while allowing the client to take responsibility for their daily actions, develop and practice coping skills, and general life skills. Additional staff supports allow regular individual therapy, parent support groups, and regular family education and counseling that enhance and strengthen the youth's transition to their home setting. This group home provides 24-hour care seven days a week.

Admission/Intake Requirements

- 12-18 years of age.
- Minimum IQ of 70.
- Wide range of Axis I Mental Health Diagnosis.
- Education/academic level of Grade 6 or above.
- Special populations can be considered on a case-by-case basis including hearing or visually impaired or youth with a physical disability.
- Special needs served include mentally ill, youth with PTSD symptoms, trauma victims, victims of sexual abuse, dually diagnosed, youth with substance abuse issues that can be managed on an outpatient basis, and youth with emerging personality disorders.



Unit Staffing

- Psychiatrist
- Program supervisor
- Masters' level therapists
- Direct care staff
- Nursing support

Discharge/Aftercare Planning

- Aftercare planning is provided to help youth transition back home or into step-down care.
- Alumni Services provides ongoing support and referral services to alumni. There are numerous independent living and educational scholarships available.

Program Specifics

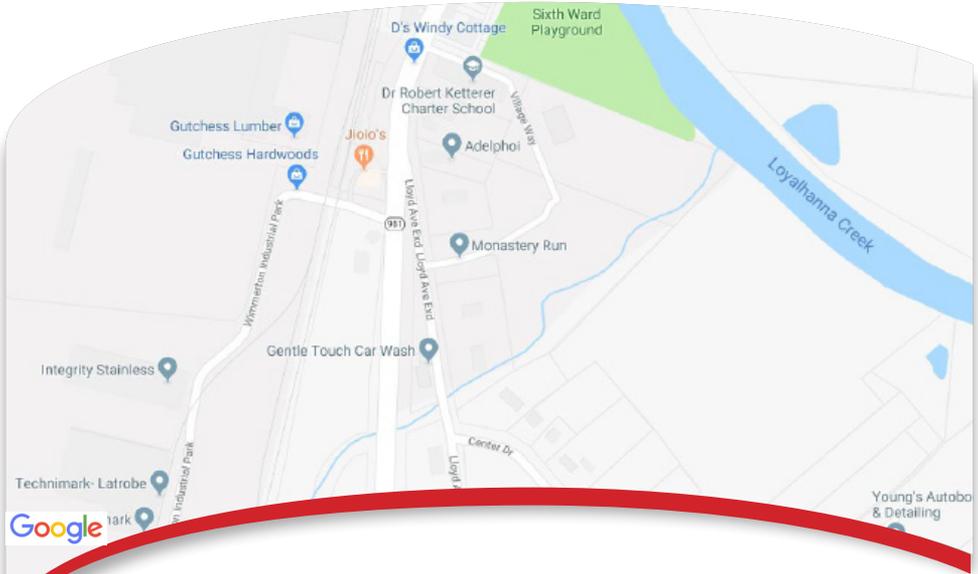
- Post-Traumatic Stress Disorder Counseling
- Individual and Group Aggression Replacement Training.
- Adelphoi embraces a model of trauma-informed care that helps create therapeutic communities that provide safety for both youth and the staff who work with them.
- Family involvement including weekly scheduled visits, therapist facilitated family counseling, and financial assistance provided to families for transportation and visits.
- Regular individual therapy with Master's level therapists.
- Balanced and Restorative Justice (BARJ) including community service projects, restitution payments, and counseling in victim awareness.
- Discharge planning that includes planning for continued mental health treatment, addressing educational needs, and assisting families in the transition back home.



Education

- Educational programming for youth in each group home will be determined pursuant to Section 1306 of the Public School Code (24 P.S. §13-1306) which states that . . . children who are residents of such homes, but not legal residents in such district (shall be permitted) to attend the public schools in said district. An educational team will include membership from the host school district, Dr. Robert Ketterer Charter School or Adelphoi Education, parents or guardians, and teachers from the host school district and the charter school.
- Interested youth can test for their GED. Special tutoring and related work is available to ensure success in this area.





About Adelphoi

Adelphoi is a non-profit organization dedicated to providing a continuum of quality services to children, youth, and families. Headquartered in Latrobe, PA, Adelphoi has programs in 30 counties, serving nearly 1,000 youth and families on a daily basis and over 2,500 children annually. Adelphoi's vast continuum of care includes group homes, a Charter School, foster and adoption services, education programs, mental health services, after-school programs, in-home services, shelter care, multisystemic therapy, and secure care.

Adelphoi has over 700 employees and assists persons and communities in need from over 60 counties throughout the Commonwealth, as well as from Ohio and Delaware. Adelphoi's mission: Offering outcome-based solutions for abused, neglected, delinquent and other at-risk children and their families through a continuum of treatment and education services that provide a foundation of hope for the future.

For more information, please contact:

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