



**In-Home Prevention, Treatment and  
Aftercare Program**

**Adelphoi**   
**Village**

[www.adelphoi.org](http://www.adelphoi.org)

## What is a Prevention, Treatment & Aftercare Program?

The Prevention, Treatment and Aftercare Program provides in-home services to youth and their families based on the referral reason, assessed need, and the identified treatment plan goals. Youth referred to the program are adjudicated delinquent or have an open case with Children and Youth Services. The Program coordinates and executes multiple services and interventions to meet the needs of youth and their families while maintaining continuity of care throughout.

### Services Include

- Preventative or post placement care for youth with sexual issues
- Preventative or post placement care for delinquent and dependent youth
- Trauma services (PTSD)
- Family preservation services (Truancy, employment, household management, housing, budgeting)

### Admissions/Intake Requirements

- Youth ages 10-20 that reside with a family member, foster parent or are in an independent living arrangement.

### Staffing

All services are provided by experienced and trained staff members. Master's degreed therapists and highly qualified, trained and experienced bachelor's level caseworkers are a part of the team.



### Assessment

All clients referred to the Prevention, Treatment and Aftercare Program will be assessed in order to formulate a treatment plan and make recommendations to the placing agency. Youth will be assessed using the CANS and FAST. Other specialized assessments such as the ABEL, SAI-J, JSOAP, Sexual History, Polygraph, PTSD, and Daniel Memorial will be used as appropriate and to measure progress. The results of the assessments will be reported to the placing agency in an integrated assessment summary. In addition to the battery of assessments, prior records and any applicable assessments such as the YLS will be used in case planning and treatment planning.

### Interventions and Evidence Based Practices

- Aggression Replacement Therapy®
- Nurturing Parenting
- Visit Coaching
- Motivational Interviewing
- Choice Theory
- JJSES Parenting Workbook

## Program Specifics

### Preventative or post placement care

This service option provides treatment using individual family counseling sessions and mentorship as the primary delivery methods. The therapist/caseworker visit the client and family for face to face sessions weekly.

Competency areas addressed are based on assessed need however may include: Independent Living Skills, Daily Living Skills, Job/Employment skills, Academic Support, Completion of GED, Family Counseling, Transition Support, Anger Management, Self-Esteem, Personal Appearance/Hygiene, Obtaining Driver's Permit/License, Creating Recreation/Leisure time within the family system.

For clients transitioning from a placement setting, the primary role of the counselor will be to support, execute and update the established aftercare plan as necessary.

### Preventative or post placement care for youth with sexual issues

Clients appropriate for this service option have committed a sexual offence or have demonstrated at risk sexual behavior. The program offers individual specialized counseling and education each week. Youth will also be educated on appropriate sexual boundaries, behavior and laws. Family counseling is also an integral part of the program. The assigned therapist/caseworker will also engage the caretaker in family counseling.

**Youth and their family will have access to 24 hour 7 day on-call services to problem solve situations and manage crisis events.**

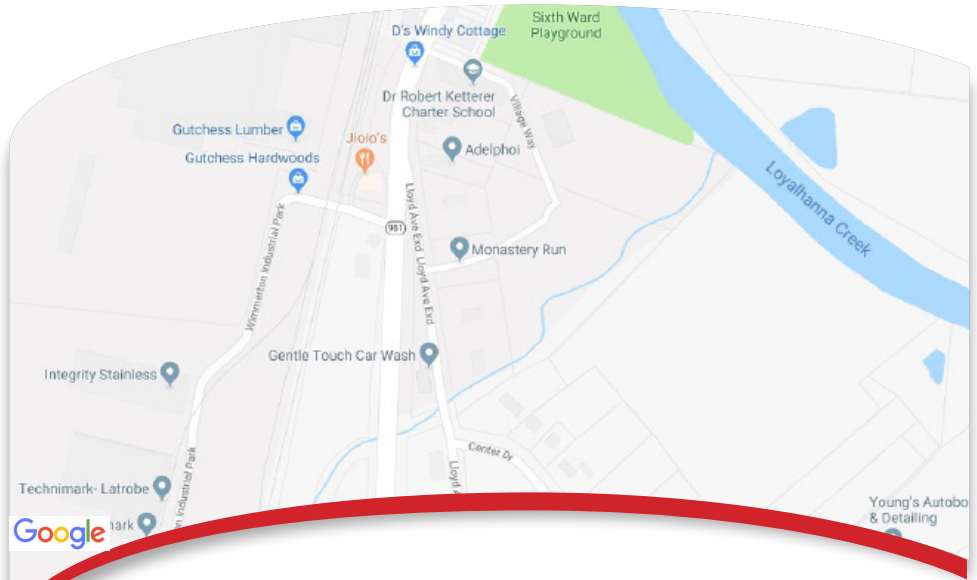


### Trauma Care

This service option provides trauma therapy to youth struggling with the impact and symptoms of trauma. Trauma therapy is an effective in home intervention used to prevent the placement of an identified client. The service is curriculum based, highly structured, and supportive in nature. The assigned PTSD therapist will conduct weekly face to face therapy sessions with the client as well as engaging the caretakers in family therapy.

### Family Preservation

This service option provides supportive services to families as the work to maintain the family unit and prevent the removal of a child or further intervention by the courts. Truancy, employment, housing, household management/safety, and budgeting are examples of the areas the program works to support. This program is appropriate for a family that requires additional support and monitoring to take the necessary steps to provide a suitable and safe home. An individual family service plan will guide the goals and objectives. A community caseworker will provide support, monitoring and services weekly as outlined by the placing agency at the time of referral.



## About Adelphoi

Adelphoi is a non-profit organization dedicated to providing a continuum of quality services to children, youth, and families. Headquartered in Latrobe, PA, Adelphoi has programs in 30 counties, serving nearly 1,000 youth and families on a daily basis and over 2,500 children annually. Adelphoi's vast continuum of care includes group homes, a Charter School, foster and adoption services, education programs, mental health services, after-school programs, in-home services, shelter care, multisystemic therapy, and secure care.

Adelphoi has over 700 employees and assists persons and communities in need from over 60 counties throughout the Commonwealth, as well as from Ohio and Delaware. Adelphoi's mission is to serve communities of need through exemplary and affordable human service programs for children, youth, and families.

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**For more information, please contact:**

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