

Restoring Hope. Transforming Lives



MST Can Help

Multisystemic Therapy (MST) is a treatment service designed to help teens become more successful in their homes, schools, jobs, friendships and communities. The goal of MST is to keep teens and families safe and to help them work through challenges together, achieving the goals they set.

MST meets with the teen and family weekly, at times convenient for them. MST also provides telehealth so teens and families can continue to connect in the comfort of their own homes.

Therapists work with 4-6 families at a time, so availability to families is top priority. On-call support is available each day, evening and weekend.

Adelphoi offers MST in the following counties: Adams, Armstrong, Blair, Bedford, Cambria, Columbia, Cumberland, Fayette, Greene, Huntington, Indiana, Juniata, Mifflin, Montour, Northumberland, Perry, Snyder, Somerset, Union, Washington, Westmoreland and York Counties.

Referrals can be made by caregivers, schools, probation officers, caseworkers, and providers. MST is managed care and county funded.

**Do You Know a Teen
(ages 12-17)
struggling in one or more
of these ways?**

- Conflict with family
- Refusal to complete schoolwork - academic problems
- Serious disrespect, disobedience, not following rules
- Aggressive behavior
- Property destruction
- Theft
- Drug and alcohol use
- Running away

Contact Us

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