High Fidelity Wraparound

Adelphoi

www.adelphoi.org
What are Family Teams and how do they work?

High Fidelity Wraparound is NOT a program or a service. It is a PROCESS, or a WAY of working with your Family Team. The Facilitator, the Family Support, and Youth Support Partners (High Fidelity Staff) help Family Teams discover the strengths and culture of the child and family. This Discovery will be the basis for setting goals and developing strength-based options to meet the needs of the family.

In this process, you, your child, other family members, and other people that YOU select are part of Your Family Team. Together you make a Family Team Plan. This plan is built around the strengths that you, your child, and your family possess. This is called STRENGTH-BASED planning. The plan becomes your child’s and family’s Individualized Care Plan.

The Family Team process has many parts including:

- Deciding who is on your team
- Getting together with your team
- Identifying strengths of your child and family
- Setting goals and identifying changes you want
- Listing needs by looking at all areas of your child’s and family’s life
- Choosing which needs to work on first
- Brainstorming options
- Designing strength-based strategies to make progress
- Making a Prevention Plan to ensure your family has all the supports and resources needed in a time of crisis
- Knowing you are not alone and do not have to do it all by yourself

10 Principles of Wraparound

Family Voice and Choice
Team-based
Natural Supports
Collaboration
Community-based
Culturally Competent
Individualized
Strengths-based
Persistence
Outcome-based
A Good Plan is...

**Community-based** - Services are based in the home community of the child and family whenever possible.

**Individualized** - The plan considers all aspects of your lives and is flexible to meet your child’s and your family’s needs.

**Strengths-based** - Services and supports are based on identified strengths of your child and family.

**Family Voice** - Your family’s choices, preferences, cultural values, and ways of doing things are showing up in the plan.

**Family Access** - You are included in all meetings about your child and family.

**Family Ownership** - You and your child feel like the plan is YOUR plan. There is a blend of formal and informal resources.

**Persistence** - There is a hopeful, “never give up---we can make it” attitude.

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Remember that no two plans look exactly the same...Just as no two families look exactly the same.

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4 Phases and Activities of the Wraparound Process

Engagement – Planning – Implementation – Transition

What our families said about the process...

“Prior to receiving High Fidelity Wraparound, our family life was quite chaotic. There was a lot of arguing... Our marriage was in distress... Our children were out of control and frustrated... After wraparound, we began giving one another encouragement, acknowledging one another’s strengths, holding family team meetings, setting up and following action steps, open communication without blaming and finger pointing, consistency in our parenting methods, expanding the family’s social activities (together and separately)... and working together to achieve common goals worked for our family.”

-Family from Point Marion, 2010

“I like how we were able to meet with other providers and voice my concerns about my family.”

-Family from Uniontown, 2010
About Adelphoi

Adelphoi is a non-profit organization dedicated to providing a continuum of quality services to children, youth, and families. Headquartered in Latrobe, PA, Adelphoi has programs in 30 counties, serving nearly 1,000 youth and families on a daily basis and over 2,500 children annually. Adelphoi’s vast continuum of care includes group homes, a Charter School, foster and adoption services, education programs, mental health services, after-school programs, in-home services, shelter care, multisystemic therapy, and secure care.

Adelphoi has over 700 employees and assists persons and communities in need from over 60 counties throughout the Commonwealth, as well as from Ohio and Delaware. Adelphoi’s mission is to serve communities of need through exemplary and affordable human service programs for children, youth, and families.

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