



About Adelphoi Village

Adelphoi Village is a non-profit organization founded in 1971 providing an extensive network of community-based programs and services to over 800 children, youth, and families on a daily basis.

Our continuum of care enables us to successfully meet the needs of a broad scope of clients ages birth to twenty (male and female) including those classified as delinquent, dependent, mental health, and non-adjudicated youth.

Adelphoi Village benefits and services are available to all children without regard to race, color, sex, disability, age or national origin.



Feeling hopeless
or helpless?

No one to turn to
with problems?

**No one
understands you?**
Are you overwhelmed?

Need a helping hand?



Parent Mentor Program
Westmoreland County



What is the Parent Mentor Program?

- The Parent Mentor Program is not treatment but it is a supportive, helping approach from someone who has similar experiences
- The Parent Mentor has been in your shoes. They will **Do For, Do With, and Cheer On**
- The Parent Mentor will work with your family to solve problems
- The Parent Mentor will help you with your concerns or needs
- Since this is a voluntary program, parent participation is essential for success of the program

Who is Eligible for the Parent Mentor Program?

- Family must reside in Westmoreland County
- Parent/Caregiver, or a child, living in the home, with mental health involvement (e.g. psychiatric or psychological diagnosis)
- The identified youth must be 18 years of age or younger

This program is free for those who qualify.



The **Parent Mentor Program** strongly adheres to the following principles. These principles have enabled families and teams to work together with great success.

The **principles** are:

- **Strength-Based:** We focus on the strengths of your family
- **Collaboration:** We work with your family to reach your desired goals
- **Natural AND Community-based Supports:** We use your family, friends and faith to support your family AND your specialized family services to help meet your goals
- **Interdependence AND Self -Reliance:** We work with your family to solve family concerns with the least amount of intrusion AND we connect you with other families and services in a healthy way
- **Culturally Competent:** We will be aware of and respect your families' values, preferences, beliefs and identity
- **Goals and Outcome-based:** We work with your family from where you are now to where you want to be
- **Integrated Planning:** Families and Services do best when working toward one common goal
- **Shared Power:** We will help inspire and empower your family to do better

For admission to the program contact:

Jason Zimmerman
Parent Mentor Supervisor
105 W. 4th Street
Greensburg, PA 15601
Office - 724-552-0416 Cell-724-420-6374
fax: 724-838-1479
jasonz@adelphoivillage.org